



FY2025 Summary Report

Funded by:
New Mexico Department of Health
Heart Disease and Stroke Prevention Program
Centers for Disease Control and Prevention
Managed by:
Constellation Consulting



History & Purpose



History

Constellation Consulting (Constellation) served as the convener and manager of the Population Health Collaborative since state fiscal year 2021 (July 2020 - June 2021) in collaboration with the New Mexico Department of Health's Heart Disease and Stroke Prevention Program (HDSPP) to prioritize social drivers of health (SDOH) and increase access to social support and services. In FY24, Constellation managed the transition to the Population Health Learning Collaborative (PHLC). During the pilot, two online meetings were hosted, and a heart disease and stroke prevention learning track was incorporated into the annual Advancing Health Equity Symposium, now called the New Mexico Symposium on Health.

In FY25, Constellation was awarded a four-year contract to continue managing the PHLC.

Purpose

The goal of the PHLC is to prevent and reduce the burden of cardiovascular disease and related illness throughout New Mexico. Using a preventive approach, the PHLC prioritizes improving access to social and support services to reduce the burden of SDOH for priority populations and improving overall wellbeing for those most at risk for cardiovascular disease.

Goals



Goals

The PHLC strives to include organizations across 12 social and support service areas that address SDOH, including:

- Transportation
- Substance Abuse
- Employment
- Literacy
- Language Translation
- Food Assistance
- Housing
- Insurance
- Mental Health
- Medication
- Childcare
- Cardiac Rehab (Revision FY26)

The goal is to recruit at least one new organization from each one of the 12 social services to support priority populations each year. At the end of year 4 (FY28), the goal is to have at least 48 PHLC members.

Approach

Each year, PHLC members will participate in four gatherings, trainings, or meetings to make connections, learn, and engage with each other. Members will gain new resources, share community challenges, and learn best practices to make data-driven decisions.

Through the use of YES New Mexico Connect, PHLC members will increase referrals to social and support services for their populations. As a result, barriers to care will decrease, and cardiovascular health will improve.

Members



Current Members

Nine new organizations, four organizations from the pilot (FY24), and three HDSPP contractors participated in the PHLC in FY25. There was a total of 16 PHLC members, and two who made verbal commitments.

New Members (FY25)

- Cancer Support of Deming and Luna County
- Community Resource Fund
- Crossroads
- InspireEmpower
- Kimmie Jordan Mental Health Rehabilitation Services
- The Way
- United Voices for Newcomer Rights
- Women in Leadership
- YDI Valencia

Returning Members (FY24)

- Abundant Love Healthcare (Public Health Pharmacist Clinic)
- Albuquerque HealthCare for the Homeless
- Border Partners
- Chaves County Health Council
- Health Action New Mexico
- WYSAC
- Zia ACO (DBA Los Rios ACO)

Anticipated Members

Two new organizations informally committed and are anticipated to join.

- BlueCross BlueShield
- Rio Arriba Community Health Council

Engagement



FY25 PHLC Pre-Conference Meeting

16 organizations attended the half-day PHLC meeting on June 3rd, 2025 or attended a make-up session in June 2025.

Agenda:

Welcome

Agenda overview, introductions

Icebreaker

HHA Training

Program overview and data

Findhelp

How to add your organization and how to navigate and use the platform

Break

Future Goal Setting

Current gaps and challenges

Future Goal Setting

What do you want to see in FY26 in the PHLC?

Networking Activity

Wrap-up

Tying it all together and take-aways

Engagement



Outcomes

Closed-Loop Referral System

PHLC members received training on Findhelp, the Closed-Loop Referral System sponsored by the New Mexico Health Care Authority (HCA). The training included how to use the website and claim* their organizations. Two members had already started to claim* their organizations on the Findhelp website prior to June 3rd, and one member added their organization to the directory.

*Findhelp describes "claiming" as "taking ownership" of the programs offered by organizations. This allows organizations to independently manage their information. It is the first step to setting up the referral process in the CLRS.

Healthy Heart Ambassador Awareness

PHLC members learned about the Healthy Heart Ambassador Program and how they can get involved. HDSPP presented on the National Healthy Heart Ambassador Blood Pressure Self-Monitoring (HHA-BPSM) Program and shared current cardiovascular disease data for New Mexico. Six organizations expressed interest in the training to provide HHA-BPSM. Opportunities to receive Healthy Heart Ambassador trainings and support for program implementation will be made available in FY26.

Relationship Building

PHLC members shared resources and ideas and connected throughout the day. Afterward, everyone was invited to share a meal and talk more casually to encourage networking.

Member Feedback



Identified Gaps and Challenges

Prompt

Members were asked to think about a program participant or client they work with and the challenges they experience: “What makes it particularly difficult for them to fully ‘show up?’”

Findings

A lack of housing and transportation were the most commonly shared challenges people seeking services face. Some specific examples of transportation challenges include getting to appointments that are far from home (e.g., 60+ miles), mental health challenges that might make utilizing transportation options that do exist difficult, and whether safe and effective transportation options do exist.

Other challenges included finding employment with sufficient flexibility, self-esteem, self-motivation, language barriers, and cultural challenges.

One participant oversees their community 211 helpline and sees all of the various needs* sought within the community.

*Needs are community-specific, and details were not provided.

Members felt the health care system does not prioritize primary prevention, meaning there are barriers that prevent certain prevention practitioners from accepting insurance for their services.

Member Feedback



Future Direction

Prompt

Members were asked: “How can the PHLC best support your work with an overarching goal of participants/clients accessing the cardiovascular health resources and social support services that they might need?”

Findings

Members asked for clarification about the overall mission and goals of the PHLC and how their respective organizations can support these efforts. In planning for the future of the PHLC, a recommendation was made to look at successful models, such as what has been done in similar groups.

Participants requested a directory of PHLC members. In FY26, Constellation will develop a shared directory or similar space for PHLC members to interact asynchronously with PHLC meetings.

Participants expressed interest in blood pressure self-monitoring programs and training on heart health. They identified a need for statewide initiatives and communications to highlight the dangers and prevalence of uncontrolled hypertension.

There is a need for statewide outreach efforts to educate members of the community on the essentials of cardiovascular health and prevention. This could take the form of pop-up clinics, resource fairs, mobile units for rural areas, and printed materials to distribute to community members that explain cardiovascular services. The group is hopeful that the new closed-loop referral system will assist with these linkages.

Member Feedback



Future Direction cont.,

Requests were made for networking opportunities to create more connections throughout the state to help break down silos. This includes the need for streamlining access to services (minimizing red tape would reduce barriers to care).

Additional topics and requests include:

- Dismantling the structural drivers of health through policy and advocacy.
- Patient and system navigation support services and resources. This may include co-pay assistance programs, durable medical equipment, and low-cost healthcare options.
- Training in systems navigation for CHWs, including credentialing and reimbursement.
- Supporting community members with career development opportunities to support clients transitioning to fields with jobs that provide a living wage and benefits.
- Strategies for increasing private/public partnerships and partnerships between large insurance providers and small businesses.
- Specific social and support services related to their organizations: a) supporting seniors and families without youth (i.e., community activities, senior resources, transportation, financial support, etc.); and b) training and education opportunities for teens to support graduating on time, career readiness, and family planning.

Symposium on Health



New Mexico Symposium on Health

The annual New Mexico Symposium on Health (NMSH) was held on June 4th and 5th in Albuquerque, NM. Through the PHLC, HDSPP supported a SDOH learning track to demonstrate the connection between SDOH and cardiovascular health.

Over the course of two days, 13 SDOH and cardiovascular health-related workshops and presentations were delivered. This includes one keynote presentation, "Using a Closed-Loop Referrals to Address Social Needs: A health plan perspective."

224 people attended the NMSH, including 13 PHLC members.

Recommendations



FY26 Member Participation

In FY25, PHLC members engaged in meaningful conversation and provided insight into their challenges, needs, and interests. The following recommendations were developed using feedback from PHLC members.

Recommendations for FY26:

- Develop a directory of PHLC members.
- Regular communication with PHLC members, including updates on workforce training opportunities, coalitions, and statewide initiatives.
- At least one in-person meeting is planned a minimum of 45 days in advance to support relationship building and resource sharing.
- Collaborate with organizations providing transportation services, including the Department of Transportation, to increase access for those most at risk for cardiovascular disease.
- Training and resources on cardiovascular health, lifestyle change programs, primary care, and behavioral health support services.
- Opportunities to share member's events and resources.
- Strategizing opportunities for future SDOH-related policy and advocacy in FY27 and FY28.
- Constellation will review other groups (Community Planning and Action Group CPAG) <https://www.nmcpag.org/> for additional insights and ideas for the future direction of PHLC.

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For More Information

For more information about the PHLC, visit <https://nmpopulationhealth.org/phlc/>. For more information about Constellation Consulting visit <https://constellationnm.com/>. Use of trade names and specific programs are identification only and do not constitute endorsement by the New Mexico Department of Health.